



SESSION 2

FAMILY CONNECTION

Use the following thoughts and questions to have a spiritual conversation as a family. Don't emphasize having the right answer, but focus on spending time discussing the Word as a family.

SCRIPTURE

Genesis 4:1-11, 17-25

SESSION SUMMARY

In this week's session, we looked at Cain and Abel's story in Genesis 4. When Cain and Abel brought offerings before the Lord, Cain's was not accepted. Cain was angry with God, but he was also angry with his brother, Abel. His anger, comparison, and pride culminated in murder. Here are some of the main things we learned from the story:

- Sin spreads when we respond with anger (Gen. 4:1-7)
- Sin spreads when we respond with comparison (Gen. 4:8-11)
- Sin spreads when we respond with pride (Gen. 4:17-25)

CONVERSATION QUESTIONS

- How has responding with anger made bad situations even worse?
- How can we overcome the temptation to compare ourselves with each other?
- What might it look like for us to respond to each other with humility instead of pride?

FAMILY CHALLENGE

Challenge each family member to identify one area where they struggle with anger, comparison, or pride. Have each person note throughout the week when those temptations or struggles arise. At the end of the week, discuss how you tried to overcome those challenges and how you can help each other work on those things moving forward.